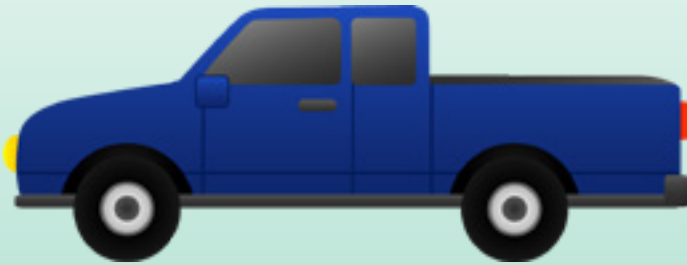


## His Nesting Place Needs

His Nesting Place is in need of a pick-up truck for moving items or picking up items. Please consider donating one. We would like to have one that is in good condition and low mileage.

**Remember It's Tax Deductible!**



Please pray for the ability to purchase these two houses that we once used for housing for over fifteen years.



# The Nestbuilder

A publication of His Nesting Place Ministries  
Maternity Home, Pregnancy Help Center and so much more...



January 2013

## Happy New Year... 2013 to all our Friends

### Update!!!

We seem to be asked two questions quite often these days.

#1 When are you going to retire?

#2 How is Judy doing with her struggle with Acromegaly?

The answer to the first questions is I have no plans for retirement. I can't find any scripture in the Bible that gives me permission to do that.

I am cutting back, resting more and taking more time off than before. We went for thirty-nine years without taking a two week vacation. Only twice can I remember doing that. Now, I'm not bragging because I believe this was very foolish. Some of us are slow in learning some things. As long as our health holds we will stay on the battlefield. We do not know what the future holds but we know who holds the future – Our Lord Jesus Christ!

The second question is "How is Judy doing with her struggle with Acromegaly?" Most people have never heard of the disease she is fighting. Nine years ago she was diagnosed with it. Even our family doctor knew almost nothing about it and her condition and symptoms got by him for several years. (She had brain surgery to remove the tumor but there seems to be a trace remaining). Acromegaly is a condition brought on by a tumor wrapped around the pituitary gland, causing the gland to produce high levels of growth hormones into the system; it causes bone growth, internal organ growth, and changes in physical features.

The other night we went to a regional meeting for those recovering from acromegaly. I was sitting by an Endocrinologist and I asked him how many patients he had in your practice with Acromegaly?" and his answer was none. That's how rare the disease is. Please pray for Judy as she struggles with how to cope with such a little-known disease.

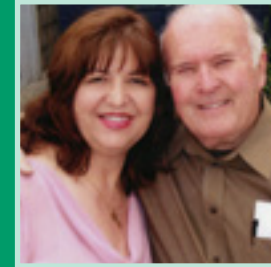
The past nine years have been up and down for us with so many tests after her initial test. The good news is her doctors are putting her on a fairly new experimental drug called Somavert which she will have to self-inject daily. Praise God that this will be at no cost to her. If we were paying for this medicine it would cost us over eight thousand per month!

On September 16<sup>th</sup>, I stepped down from pastoring His Nesting Place Church in order to get back out into the field as a fundraiser for His Nesting Place Ministries. This will free us to be able to speak wherever God opens doors and we are excited about this new season of our ministry. Our new Pastor here is James Price of Long Beach Christian Center who is very pro-life. He has, along with his wife Dolly, a deep love for His Nesting Place women and children.

Please call and book either Judy or myself to speak at in your church, civic groups, banquets, or other fund raising events. Ask to speak to Diana at (562) 422-2137. We look forward to hearing from you. I know you will keep Judy and myself in your prayers as we will be praying for you.

All Our Love,

Al and Judy



Dr. Al & Judy Howard

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### His Nesting Place

Missionaries to the unwed  
mother and baby

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## Acknowledgements

To all a very **Special** thank you for helping us to sponsor the women and children at His Nesting Place for a wonderful Christmas.

- Adrianna Bowman
- Art & Bonnie Yerxa of First Baptist Church of Lakewood
- Bebe
- Believers Victory International Church
- Betty Edwards
- Brama Bowman
- Calvary Chapel North Long Beach
- Cindy Mackay
- Citizens & Friends of Trinidad & Tobago Inc.
- Dave & Barbara Emerson
- David & Linda Murray and Family
- G2 Ministries
- Gale & Jill Lee
- George Thornton
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- Joe & Ana Coronado
- Joy Christian Center
- Linda Volker
- Living Faith Church
- Long Beach Christian Center-Free Mary Kay Facial and Christmas Shopping
- Love In the Mirror
- Mike Azpeitia
- Mollie & Scott Van Hofwegan
- Money Mart
- Pastor Chris and Christine Gonzales
- Robinwood Church
- Ruth Dollar
- Sharon Robinson-Royal Christmas Tea
- Sheila Malloy
- St. Annunciation
- St. Marks Presbyterian
- Sue Guhilly
- Steve Poelstra
- Tim and Marcia Greenwood
- Ting & Linda Chen

We would like to also knowledge our printing company, **Trinity Worldwide Reprographics of Santa Fe Springs**, who, together with Ronnie Macias from **MOE Plumbing in Glendale**, Julio Jaime from **Roto-Rooter**, and John Griego, came out on December 1, and worked several hours repairing all of our bathrooms and replacing them with new parts throughout our ministry. **Thank You Very Much!**

## New Addition

His Nesting Place now has a set up account by which we can receive Stocks and Bonds, Mutual Funds, and electronic Trade Funds.

If you would like to transfer or give stocks to us please call Diana Cattani at (562) 422-2137. This would be a wonderful way of giving to start off the New Year!

40 years of Roe V. Wade

January 22, 2013 will mark the 40<sup>th</sup> year of legalized Abortion in America, thirty years of my life have been spent in resisting the killing of the innocent.

In the Bible the children of Israel wandered in the wilderness for 40 years prior to entering the Promised Land. May we re-new ourselves as a determined people to end the killing of those in the womb by our hard work and our prayers!

## The Pregnancy Help Center Results 2013

- 283 men and women educated by video and literature on abortion.
- 186 women were provided diapers, formula, clothing and or furniture.
- 76 women repented of their sins and accepted Jesus Christ as their Lord and Savior. They have been provided with Bibles and we are following up on these women.
- 82 decided to keep their babies who were abortion-minded.

## Azul's Testimony

My name is Azul Mendez. My life before I came to His Nesting Place was very unstable. I have always been around a lot of drugs, alcohol and of course violence was an almost every day thing for me.

I came from a very dysfunctional family where there was no father. My mother did her best to raise me, my brother and sisters, but by the time I turned 14, I came out pregnant and broke my mother's heart. She tried helping me with my pregnancy, but as soon as I had my son, my heart was broken. My son was diagnosed with Down Syndrome and I was to immature to handle the responsibility. I left my mother with my son and the weight on her shoulders and I was off to the streets.

Of course since I didn't know anything about God and didn't have anyone to guide me to the right direction, I made so many mistakes by the age of 18. At the age of 21, I had 3 abortions done, not knowing that the consequences of this action would follow me and torment my life forever.

At the age of 22, I was pregnant and decided to keep my baby, but in the third month of pregnancy my baby died inside me. I had to have the baby removed and it was one of the most painful experiences ever.

In January 2013, I went to the doctor and found out that I have a tumor in my uterus and the doctors said it was because of the pregnancy I terminated. My uterus was probably never going to work again or maybe have to be removed. It has been the scariest and saddest thing ever in my life. I can't believe that I caused this myself. I thought God was punishing me for what I had done. Having that tumor made me so sick, weak, and ugly, I was ready to give up. I thought I was going to die and never see my kids grow. I didn't care about anything. I wanted it all to be over.

Now, I am pregnant once again and doctors tell me I am crazy for being pregnant knowing that the baby is not going to make it. I have decided to have faith and I know I need help. When I found out about His Nesting Place I was introduced to Vianey Fierro who was counseling me and my boyfriend. We were having many problems between us and it was taking me away from God. I have decided I need a more stable place. His Nesting Place opened the doors to me and now this is my new home.

Through living at His Nesting Place I found God in my life. I accepted him as my Lord and Savior. I met people who told me to have faith that God was going to heal me. So I decided to believe even if I died, I didn't want to go to hell. I knew I was not a good person, but God had so much mercy on me.

His Nesting Place has been such a blessing I am about to be 6 months pregnant and the good news is that I recently found out that my tumor has disappeared and everything is going great with my pregnancy. I am growing spiritually and I am becoming closer to God which has given me the strength and courage to face all of the ups and downs that life has to offer.

Now I know that I can do anything with God who strengthens me.



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