

The Plumber & the Pledge
74 years old October 2013

"Since receiving treatments from Tory for the past several weeks, I have begun to feel better and better every week. The initial problem was tingling and soreness in my feet, due to several cases of cellulitis over the past four years; an operation for venous disease in my lower legs and a severe fall. After visits to a number of medical doctors, the problem could not be identified. I was told over and over again that the problem would not be totally cleared up, and I would probably have to live with the soreness the rest of my life. Tory, being a student of the autonomic nervous system and understanding each body part and its function, first tried reflexology (foot) and then moved to the diaphragm, and other points that control the flow of fluids throughout the body. She tried multiple massage modalities and found reflexology and Reiki to be very helpful. Reiki is an ancient Chinese technique that adopts the infinite energy in and around all of us. It is spiritual in nature. With Tory's ability to sense what is happening with the body, she feels the energy and the motion within which opens up the fluid flow. This phenomenon has helped my situation greatly, allowing me to walk more naturally, have less pain and give me a sense of overall wellbeing." B.

I am humbled by the ease and trust the body presented towards me as its therapist. It presented frail and weak with weight loss and numerous visits to the hospital over the past two years. I had never had a body that was 74 years old nor one that was 74 and going to be long term. The treatment plan had to start with caution focusing on energizing the tissue and stabilizing the system and always "do no harm".

CranioSacral Therapy was chosen to evaluate the core movement of pressure within the system. The results presented the gastrointestinal area with diaphragm restriction and compromised "expansion" of inhale (flexion). The body was not getting enough oxygen.

The second modality chosen was Lymphatic Drainage Massage with the intent to initiate a "deep" relaxing "wave" within the deep fascia; but, mostly to remove proteins, fluids and any bacteria still lingering within the cellular tissue in the legs ...without overloading the heart.

The third modality, Reflexology, evaluated and treated specific organs and tissue through the reflex arc of the spine. Which organs "sensitive", "spasm", "emotional" or "painful"? How are these organs affecting the whole? The treatment alternated now between these modalities and soft tissue massage for wellbeing and relaxation. The body relaxed to **alpha, theta and delta brain wave lengths on the CD.**

The most important aspect of this patient's recovery was his attitude. He came in for therapy and left feeling better and never questioned the modalities; just believed that he was in the right place, at the right time for the right treatment. When the body connects to the therapist and the therapist connects to itthe modality is QUANTUM PHYSICS. Understanding the human body and understanding how and when to use the plethora of modalities available in massage equates to the necessary tools used in surgery. The human body talks to the therapist and through intuition the best tools are chosen. I thank this body for the lesson. Tory Hawkes, A Clinical Massage Therapist