

# TMJ QUESTIONNAIRE

## PAIN SYMPTOMS

Do you get headaches?	Y	N
Do you get migraines?	Y	N
Do you have neck aches or stiffness?	Y	N
Do you have shoulder or back pain?	Y	N
Do you get pain in, around or behind either eye?	Y	N
Do you have pain in either ear?	Y	N
Do you take pain medication or muscle relaxers?	Y	N

## TRAUMA OR ACCIDENTS

Have you ever had a severe blow to your head, face or jaw?	Y	N
Have you had a whiplash injury to your neck?	Y	N
Have you ever been involved in a car accident?	Y	N
Had any other serious accidents?	Y	N
Have you had any surgeries?	Y	N

## JAW JOINT SYMPTOMS

Do you have pain in either jaw joint?	Y	N
Have you had pain in either jaw joint in the past?	Y	N
Do you feel or hear a clicking, popping or cracking noise in either jaw joint?	Y	N
Has your jaw ever locked open or closed?	Y	N
Do you have difficulty with opening your mouth wide?	Y	N
Is your jaw tired during or after chewing a big meal?	Y	N
Do you hear a grating sound in your ears when opening and closing your jaw?	Y	N
Do grind your teeth at night?	Y	N
During the day?	Y	N
Is your jaw tired in the morning when you awaken?	Y	N
Are any of your teeth sensitive or painful to chewing?	Y	N
Are your teeth sore in the morning when you awaken?	Y	N

## OTHER SYMPTOMS

Do your ears feel full or congested?	Y	N
Do you ever get dizzy?	Y	N
Do you have any loss of hearing?	Y	N
Do you have trouble sleeping?	Y	N
Are you tired in the morning or throughout the day?	Y	N
Do you snore or have sleep apnea?	Y	N

If you have answered yes to 6 or more of the above questions TMJ dysfunction may be a contributing factor to your problems. Share this information with your dentist or call our office for an appointment to evaluate your individual situation.